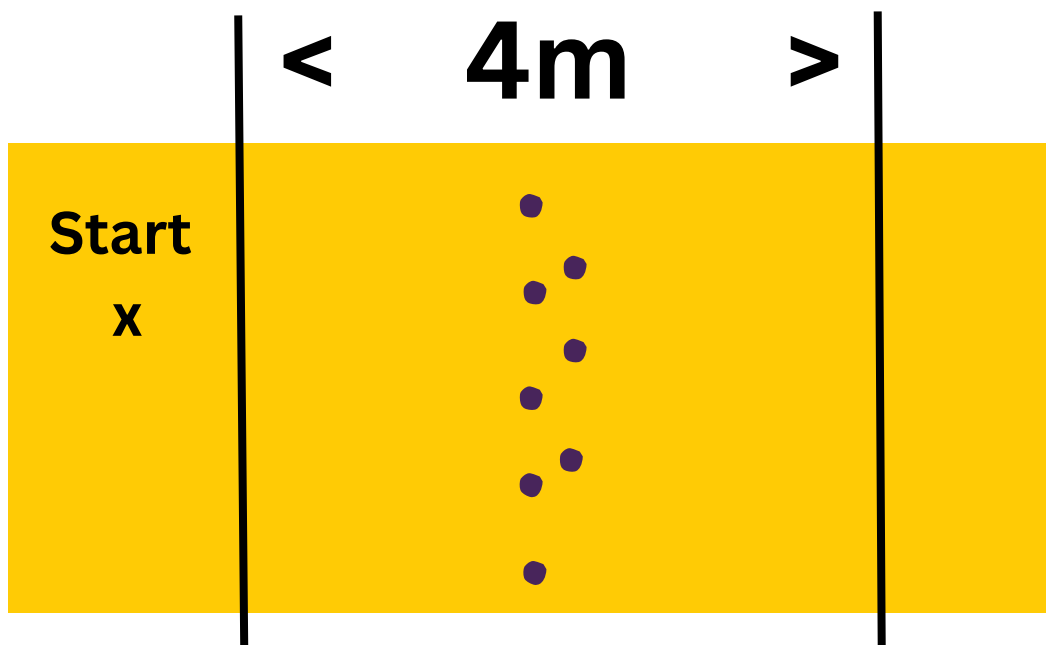


HURLING 365 SKILLS CHALLENGE: THE PICK UP



Instructions

Line of Cones 4 metres apart
8 balls along the middle.

Player Runs, Jabs Lifts Ball, carries past
line of cones.

Turn, run and jab another ball.

Repeat till all balls are removed from the
middle.

Player who completes the task in the
fastest time is the winner.



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